

Schedule for 2024 Workshops

Hosted by: Irena H. on behalf of Akron Area Al-Anon Intergroup

Workshops – Zoom (and in person, when possible)

Second Saturday of the month (February – an Exception), Start: 9:00am, Log in: 8:45am

Meeting ID: 813 5635 1017

Passcode: 010355

Sharing Experience, Strength & Hope – Based on own experiences when applying selected

Al-Anon Literature, including 12 x 12 x 12;

Tools Used by me, personally: CAL Literature, Steps, Traditions, Concepts + Warranties

2024

Topics

January 13	H.A.L.T. in every day's life (Concepts at work)
<u>*February 17 (Exception)</u>	H.O.W. (Tradition 2)
March 9	...let there be no gossip or criticism... (Concepts at work)
April 13	...only one purpose... (Tradition 3 & 5)
May 11	Anonymity ...a spiritual foundation...
June	Founder's Day Celebration in Akron, no workshop at the Intergroup
July	No workshop in Akron – Irena H carry overseas the message of hope
August	No workshop in Akron – Irena H carry overseas the message of hope
September 14	Anger – defense, offense?? (Dilemma of the Alcoholic Marriage)
October 12	Double-Headed Management - of my life
November 9	Steps 1, 2, 3 – “The Al-Anon Waltz”
December 14	Focus on the “Safe Port” – transition from Step 4 to Step 5

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Thank you for the opportunity to serve – by sharing MY experience, strength and HOPE